

Together, we can #StopSuicide



Suicide stops here.

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Suicide Affects Us All

Suicide is a public health crisis. It is the 10th leading cause of death, and rates continue to rise. We all know someone affected by this issue.

Taking Action

Founded in 1987, we have grown from a small grassroots network of loss survivors and researchers into a nationwide movement. We are a 501(c)(3) nonprofit and the nation's largest suicide prevention organization.

We Can Save Lives

By creating a culture that's smart about mental health, advocating for public policies that make suicide prevention a priority, and funding innovative research, we can save lives.

Project 2025

Drawing on input from a national advisory expert panel, we have identified specific strategies that have the potential to reach our goal of reducing the suicide rate in the U.S. 20 percent by 2025.



Research

We are the largest private funder of suicide research, allowing us to discover better ways to prevent suicide. Our international research program is shaping prevention efforts around the world.



Education

We deliver suicide prevention programs such as Talk Saves Lives™ and More Than Sad to schools, communities and workplaces, showing people how to help those who may be struggling.



Advocacy

Our Field Advocates pursue policies at federal and state levels to increase funding for suicide prevention research, mental health services and mandated teacher training.



Support

We support people who have been affected by suicide through programs like Healing Conversations, International Survivors of Suicide Loss Day, and our Interactive Screening Program.

With chapters in all 50 states, this is a fight we can win

Save lives and bring hope to those affected by suicide



Join the Movement

With local programs and events in all 50 states, AFSP's chapters are at the forefront of suicide prevention. Find your chapter at afsp.org/chapters.

Each year, hundreds of thousands participate in our Out of the Darkness Walks to raise awareness. Walk with us at afsp.org/OutoftheDarkness.

Be a Lifesaver

The vast majority of money raised comes from individuals like you. We work hard to make the most of your donations by keeping our administrative costs low. With your help, we provide research, education, advocacy and support to save lives and ensure no one has to face suicide alone. We meet the standards for good governance set by the Better Business Bureau and the National Health Council, and are highly ranked by Charity Navigator.

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**American
Foundation
for Suicide
Prevention**

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